



ALLERGY & DIETARY RESTRICTION FORM

Camper's Name: _____

Please select all the following that apply.

Vegan:

plant foods and products only

Vegetarian:

No red meat

No chicken

No pork

No fish

No eggs / No milk

No dairy at all

Food Allergies:

Peanuts

Sulfite

Mushrooms

Nut Oils

Ketchup / Mustard/ Mayo

Soy Products

Eggs

Gluten/Wheat

Fish / Shellfish

Milk

Chocolate or Desserts

Lupins

Anything Dairy

Sugar

Processed Foods

Please provide additional allergies, dietary restrictions, or protocols about your camper:

For questions / concerns about the food served at camp, please contact:

Easterseals Tennessee
Camp Coordinator
P: 615-444-0597

or

YMCA- Camp Widjiwagan
Dietary Department
P: 573-210-6969